

New state-wide training program rolled out

Table Tennis Queensland recently rolled out a new training program to offer performance orientated junior players the opportunity to train at the highest possible level in their region.

The regions are divided into the Northern, Central or Southern QLD training hub and offer weekend training camps every 2-3 months for up to 14 junior players in each region.

The camps main aim is to identify young talents in the club who have the potential to represent QLD on a National Level and expose them to the best possible training environment.



Central region participants cooling down post session

Patrick Wuertz, TTQ's Director of Coaching and High performance explained "Young TT players in our state have a big future, if we can capture their talent and show them a development

pathway to reinforce and monitor positive training habits".

So far Queensland held 6 Training camps in Wynnum, Bundaberg, Gold Coast and Townsville. Almost 50 players participated and contributed to the exciting yet tiring training sessions. Apart from the benefits of the on-table and off-table exercises for the players, the training camps have a positive influence on TTQ's training environment in general.

"It is great to see how many club coaches show interest to participate in the program. We are fortunate to have so many passionate coaches working in the clubs who have now the opportunity to network on a regular basis with their fellow colleagues.



Central region participants

The 2nd training camp in the Northern region was run by Queensland's Coaching legend Gary Walmsley (Townsville) with assistance from Paul Utley (Cairns) and Jared Stanley (Mackay). This shows that the TTQ Elite Training Camps build a base for the club coaches to

work together and learn from each other" says Patrick Wuertz.

TTQ are committed to coordinating the Elite Training Camps in the coming years. A review of the allocation of resources has been conducted and the camps have been budgeted for moving

forward. In 2017 the camps will again be free for all participants.

TTQ would like to use the opportunity to thank all players, parents, coaches and club managers who contributed to the success of the training camps in 2016.

Northern region participants (pictured right)



Southern region participants (pictured left)